

August 13, 2021

Hi Everyone,

Hope you had a good week.

Current CDC masking guidelines:

- If you are not fully vaccinated and aged 2 or older, **you should wear a mask in indoor public places.**
- In general, you do not need to wear a mask in outdoor settings.
 - In areas with high numbers of COVID-19 cases, consider wearing a mask in crowded outdoor settings and for activities with close contact with others who are not fully vaccinated.
- People who have a condition or are taking medications that weaken their immune system may not be fully protected even if they are fully vaccinated. They should continue to take all precautions recommended for unvaccinated people, including wearing a well-fitted mask, until advised otherwise by their healthcare provider.
- **If you are fully vaccinated, to maximize protection from the Delta variant and prevent possibly spreading it to others, wear a mask indoors in public if you are in an area of substantial or high transmission.**

Because the state is in substantial transmission, **we are now requiring all visitors to wear a mask at all times during their visit.** We are also having the patient/resident wear a mask during the visit. **This is regardless of your/their vaccination status.** This is just another protection we can put into place to help keep COVID/DELTA out of the building.

Currently there are 3 facilities in NH that are in outbreak status.

Positivity Rates:

Manchester's positivity rate went down from 5.0%, to 4.6% last week.

County	8/10/2021	8/6/2021	7/27/21	7/20/2021	7/13/2021	7/5/2021
Belknap	2.80%	2.0%	1.7%	0.70%	0.80%	2.10%
Carroll	2.60%	2.7%	1.0%	1.10%	0.40%	0.50%
Cheshire	4.60%	3.7%	1.7	1.40%	0.60%	0.80%
Coos	14.40%	2.2%	.07%	1.90%	9.20%	1.60%
Grafton	1.70%	1.6%	.8%	0.70%	0.50%	0.30%
Manchester	4.60%	5.0%	4.2%	0.80%	0.80%	0.70%

Merrimack	2.80%	2.8%	2.8%	0.90%	0.80%	0.50%
Nashua	2.60%	4.1%	2.7%	1.90%	1.20%	1.90%
Rest of Hillsborough	4.60%	3.9%	1.9%	1.50%	1.00%	0.60%
Rockingham	5.00%	5.1%	3.1%	1.80%	1.20%	1.20%
Strafford	3.50%	3.9%	2.1%	1.50%	0.20%	0.70%
Sullivan	3.50%	1.9%	1.1%	2.90%	0.50%	1.50%

The following interventions continue to be in place:

- All unvaccinated staff continue to wear an N95 mask and surgical mask.
- All vaccinated staff are wearing a surgical mask at all times and in all areas.
- We continue to do staff screening before all shifts.
- We are testing all non-vaccinated staff once per month per state guidelines.
- All residents are assessed for signs and symptoms of Covid-19, 2 times a day and if there is a noticeable change in their condition.

Past News Letters/Other Info:

- News letters are posted on our web site under COVID Updates.
- MTC's visitation guidelines can be found on our web site.
<https://mtcarmelrehabcenter.org/covid-19-update/> .
- ❖ **If you have any problems scheduling a visit please call Barbra Gray, Life Enrichment Director, Monday-Friday at 935-4607 and she can assist you.**

ZOOM Meeting:

Our next zoom meeting will be on August 19th at 6pm, mark your calendars; an invite will go out early next week.

Have a great week,

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