

April 9, 2021

Hi Everyone,

Things are moving along pretty well; no one positive, residents are out and about throughout the facility, and family visits are going well.

Positivity Rates Go Up Again!

The New Hampshire map still has all counties with substantial community transmission above the 50 cases per 100,000. Manchester's positivity rate is currently at 7% up from 5.3% last week and 4.1% before that. Thus, we continue in Phase One.

The following interventions and actions are currently in place:

- All non-vaccinated staff continue to wear an N95 mask and surgical mask.
- All staff continue to wear an N95, surgical mask, and eye protection when going into resident rooms.
- We continue to do staff screening before all shifts.
- We continue to test all staff weekly.
- All residents are assessed for signs and symptoms of Covid-19, 2 times a day.
- All residents on all floors are being encouraged to stay 6' apart and wear a mask.
- Residents are allowed to attend group dining, daily mass, and activities as long as they stay 6' apart (no limit on number of residents together as long as they can maintain 6' distancing).
- The annex continues to be our holding zone for incoming un-vaccinated rehab patients/long-term residents needing to be on a 14-day quarantine. If the incoming patient/resident has been fully vaccinated, they no longer have to be placed on a 14-day quarantine and are being admitted to the appropriate floor.

Vaccine News – In-House Vaccination Program:

The Pharmacy came in this past Monday for our first round of vaccines. There were several staff and a few residents that received the Johnson & Johnson vaccine. This is a one and done vaccine. We will have another round soon but are at the mercy of the pharmacy and their receiving additional doses of the vaccine. I'll update you as we learn more.

ZOOM Meeting:

Our next zoom meeting will be on April 22nd at 6pm, mark your calendars. Thanks to all who join us last night; a lot of information is shared and questions are a lot easier to answer compared to writing back in an email format.

Visitation Update:

Reminder that we recently updated our visitation guidelines on our web site. Please go to <https://mtcarmelrehabcenter.org/covid-19-update/> to view.

Visits overall are going well. Barbara did have to make a few adjustments; one was to eliminate the 12:30 visit slot. This time frame caused the staff and resident to have to rush thru their lunch causing undue stress for all involved. By doing this the resident has time to fully eat their lunch prior to a visit.

In the beginning we had asked for families to schedule a visit once every two weeks to give other family's a chance to visit. As time has passed, Barbara is finding that not all time slots are being filled. We are now allowing for families to schedule a visit once a week (or more if slots are available) if they would like. Please do not block book a weeks' worth of visits. Example: if you schedule a visit for a Monday and by Wednesday you see that there is an opening on Friday go ahead and book it. We decided to see if we get any complaints from a family that they can't book a visit. If this happens we would need to push back on allowing multiple visits in a week. Our goal is to be as fair as we can, fill all the time slot available, and make everyone happy.

To schedule a visit:

1. Go To: <https://mtcarmelrehabcenter.org/family-members/appointments/>
 2. Read this page.
 3. Near the bottom is where you can schedule a visit; you are able to select either a "Window/Lobby Visit" OR a "Room Visit"
 4. Select the date and time slot you would like; (if the date and/or time is not available it will not allow you to select it.
- ❖ **If you have any problems scheduling a visit please call Barbary Gray, Life Enrichment Director, at 935-4607 and she can assist you.**

Have a good week,

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