Good Afternoon Everyone,



This is an official update on our current status.

Late yesterday we learned that another resident on our 4th floor was positive and has been moved to our COVID unit. Family members have been notified.

This has been reported to all the required agencies, and we continue to be in "outbreak" status; Phase 0. We will stay in Phase 0 until we have 14 days with no positive cases starting with yesterday's positive results.

The national guard was here today and tested residents. We should start to receive results back starting tomorrow; let's hope for no new positives.

The following is in place:

- All positive cases are in the COVID annex section (2nd floor).
- We will continue to check for symptoms on all residents three times a day.
- All residents are on precautions: no group activities; no dining in groups, and no visitation except for compassionate visits.
- All staff continues to be screened before entering the facility.
- Staff are in full PPE (personal protective equipment) on all floors.
- We continue to test all staff twice a week.
- We are closed to new admissions.

Sincerely,

Joe Bohunicky, NHA, MBA, Administrator Mt. Carmel Rehabilitation and Nursing Center 235 Myrtle St.
Manchester, NH 03104
P: 603-627-3811 -- F: 603-626-4696

Good Afternoon,



I wanted to give everyone an update on activities.

Father Cote will be celebrating 50 years of being a Priest. We have been inviting residents to write Father, a short note to congratulate him, on his achievement. I would like to extend this invite to families, to write a short note to Father Cote as well. If you are interested please email me at mtc.activitydir@nh-cc.org and I will add it to the other notes for him. I think he would really appreciate the kind words. I am asking that you send your email no later than this Sunday 2/14.

Friday 2/12 Chinese New Year

The residents will be given Chinese New Year packets with, fun facts, crossword puzzles, word search, their Chinese animal and their Chinese horoscope. They will be getting cookies for treats, and for the one on one activity, the residents will be making these lanterns.



Sunday 2/14 Valentine's Day

The residents will be given Valentine treat bags with chocolate, and a homemade Valentine Day card made by kids in the community, and a sticker. For the one on one activity, the residents will be decorating a heart, and we will have bingo on Sunday too.

Tuesday 2/16 Mardi Gras

Father Cote will be saying a special Mass. Resident's will be having a Mardi Gras theme lunch, which will include, Cilantro chicken, New Orleans style rice, creole green beans, and chocolate swirl cheese cake. For the one on one activity, we will be offering chair exercise to New Orleans music.

I want to clarify a couple things that were brought up on the zoom meeting last night.

Birthdays - Birthdays for the month are posted on the monthly activity calendar. Staff
gather together to sing Happy Birthday and residents are asked if there is something
special that the they would like to do for their Birthday. The kitchen sends up a special
birthday cupcake. During this past year, I have worked with families to assist them with

any special touches they want to add to their loved ones special day; such as having the resident go to their bedroom window while the family is outside the building waving or holding posters, passing out cupcakes that are dropped off, and google visits. Please feel free to reach out to me for any assistance that you may need. We want to make their birthday special!

2. Google visits – the floors are setting up the google visits, since they best know the schedule on the floor however, if you find that you are not having luck with the setting up this type of visit, please reach out to me for assistance.

Thank you,
Barbara Gray ADC
Director of Life Enrichment Services,

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