

January 21, 2020

Hello Everyone,



Yesterday we received test results for all staff and residents from Monday's testing; we had **no** positive results. We are now back to Phase 0. We **have resumed** vestibule visits; please go online to register. I know Barbara has been reaching out to a few people that had scheduled visits to get them up and running again. Because of the positivity rate in Hillsborough County, we will remain in Phase 0 until we can get below 10% (see below).

**The following is currently in place:**

- We continue to check for symptoms on all residents three times a day.
- All staff are screened before entering the facility.
- All staff are being tested bi-weekly.
- All staff are wearing surgical mask at all times throughout the facility.
- All staff are wearing eye protection on the resident/patient units.
- All residents on all floors are still being encouraged to stay 6' apart and wear mask.
- Residents can attend small group dining, church, and activities.
- The annex and part of the 4<sup>th</sup> floor rehab section are our holding zones for incoming rehab patients needing to be on a 14-day quarantine. It also serves as a quarantine area for any resident having to go out overnight for a hospital stay.

**Positivity Rates:**

Over 10% is not good.

<b>Belknap County, NH</b>	15.8%	Red
<b>Carroll County, NH</b>	12.3%	Red
<b>Cheshire County, NH</b>	13.6%	Red
<b>Coos County, NH</b>	12.7%	Red
<b>Grafton County, NH</b>	9.6%	Yellow
<b>Hillsborough County, NH</b>	19.7%	Red
<b>Merrimack County, NH</b>	16.2%	Red
<b>Rockingham County, NH</b>	16.0%	Red
<b>Strafford County, NH</b>	16.0%	Red
<b>Sullivan County, NH</b>	16.3%	Red

**Vaccine News:**

We received our second dose of the vaccine on Wednesday January 13. We had additional staff and residents that did not get a first dose last month receive it on this day. They will be back on February 3<sup>rd</sup> for anyone needing a second dose from the 13<sup>th</sup>. We've been told that a few weeks after receiving the vaccine (second dose), is supposed to lessen the symptoms should one contact COVID and one would be less likely to not die from it (COVID). We continue to get weekly updates about the vaccine from NH DHHS.

**ZOOM Meeting:**

Our next zoom meeting will be on January 28<sup>th</sup> at 6pm. If you have any questions you would like us to answer please email me ahead of time if you would like.

Have a good week,

Joe Bohunicky, NHA, MBA, Administrator  
Mt. Carmel Rehabilitation and Nursing Center  
235 Myrtle St.  
Manchester, NH 03104  
P: 603-627-3811 -- F: 603-626-4696