

November 25, 2020



Hello Everyone,

I'm a bit early on this week's letter but, as I won't be here for the next few days I wanted to get something out to you.

Still as we consider what is going on throughout the state more so in Manchester, everything here seems to be going well. We continue to do everything we can to educate staff on being safe when out in the public and during the upcoming holiday season.

We did have two family members reach out to us about the part-time positions I mention in my last letter. If you are interested please reach out to our HR manager (please see my 11/20 update).

I posted some misinformation in my last update in regards to Podiatry services. These services are not allowed in the building at this time except for emergency services.

Zoom Meeting:

Thank you to those that responded to my last update about when and how often to have these. We will be having a zoom meeting next Thursday 12/3 at 6pm; I will send out an invite that morning. Topic for this zoom will be about vaccinating residents and staff. As you may have heard in the news this will be getting to NH within the next few weeks and vaccinating plans are already in place for the most part. We will give you all the information we have as of this date. If you would like to discuss anything else please let me know.

The following will continue to remain in place:

- All staff continues to be screened before entering the facility.
- We continue to test all staff weekly.
- All staff are wearing surgical mask at all times throughout the facility.
- All staff are wearing eye protection when taking care of the residents/patients.
- All residents on all floors are still being encouraged to stay 6' apart and wear mask.
- Residents can attend small group dining (6 residents), church (10 residents), and activities (10 residents).
- The annex and part of the 4th floor rehab section are our holding zones for incoming rehab patients needing to be on a 14-day quarantine. It also serves as a quarantine area for any resident having to go out overnight for a hospital stay.

From Tom, Director of Culinary Services:

Thanksgiving Dinner Menu

Oven Roasted Tom Turkey
Homemade Herbed-bread Stuffing
Homemade Whipped Mashed Potatoes with Homemade Pan Gravy
Fresh Green Bean Casserole
Butternut Squash with Butter and Cinnamon
Whole-berry Cranberry Sauce
Pumpkin Cream Cake Roll Topped with Cinnamon Cream



Umm Umm, gøøð GREAT!

From Barbara, Director of Life Enrichment Services:

We received a donation of tattoos, beer, and wine. The residents had so much fun with the tattoos, you could hear the laughter throughout the floors; we got a lot of fun photos too! The residents had much fun picking out the tattoos and loved having them put on; the booze wasn't bad either 😊





Christmas is Coming:

Next week on Tuesday we will be decorating for the holidays. Those of you who have been to Mt. Carmel, during the holiday season, know that we are not shy when it comes to decorating. The lobby may be pared down a bit but not the resident floors. We will be serving cookies and hot cocoa, and of course there'll be Christmas music too. Residents and staff will be working together making it fun and festive for everyone. We will be sure to take pictures!

PS Speaking of Christmas; attached to this email is my gift request letter. Please be sure to read it as there is a deadline due to how long it take us to organize all the gifts for Christmas Day.

I think even with the curveball COVID has thrown our way, we can all find something to be thankful for this year. To all of you from all of us here at Mt. Carmel we wish you a very happy Thanksgiving Day.

Joe Bohunicky, NHA, MBA, Administrator
Mt. Carmel Rehabilitation and Nursing Center
235 Myrtle St.
Manchester, NH 03104
P: 603-627-3811 -- F: 603-626-4696