

November 6, 2020



Hello Everyone,

Everything here continues to be going well. With the increase of COVID case raising in NH we are doing everything we can to educate staff on being safe when out in the public. Hopefully they will stay safe which in turn helps keep the residents safe.

It has been decided to test staff every 14-days and then 10% of our staff on the off weeks. We tested all staff this past Wednesday but have not received any results as of this writing. All other facilities in the state are on a 28-day test cycle. Catholic Charities did not feel comfortable with this considering the increases of positive cases throughout the state.

Once again, Manchester and Nashua continue to be a red zone with increased cases of COVID which means that we continue to remain in phase 1.

- We can still have indoor and/or outdoor (window) visitation
- Per the state no designated support person (CMS doesn't recognize this anyway)
- No therapy animals allowed

The following will continue to remain in place:

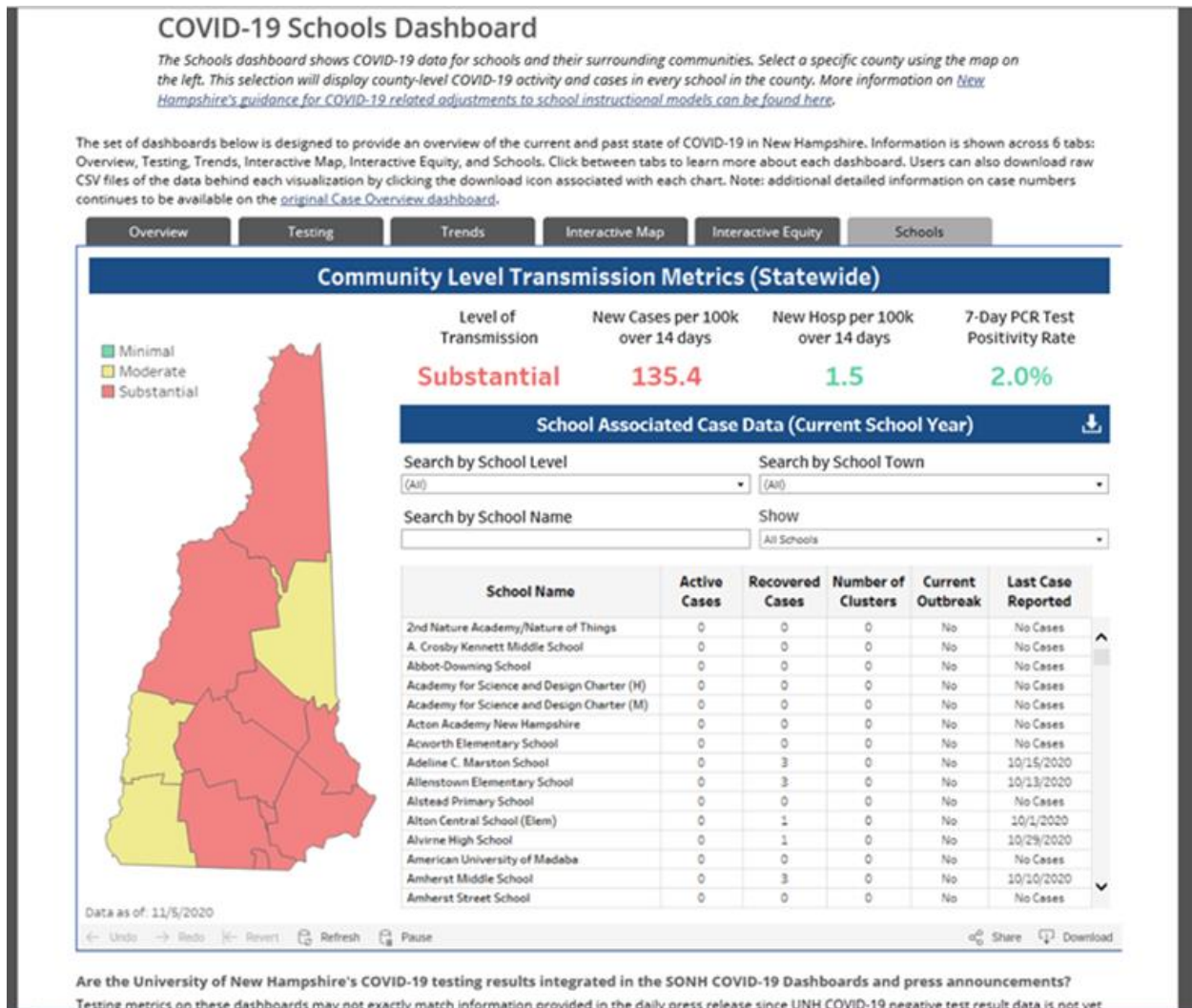
- All staff continues to be screened before entering the facility.
- We continue to do testing of all staff per the state guidelines.
- All staff are wearing surgical mask at all times throughout the facility.
- All staff are wearing eye protection on the resident/patient units.
- All residents on all floors are still being encouraged to stay 6' apart and wear mask.
- Residents can attend small group dining, church, and activities.
- The annex and part of the 4<sup>th</sup> floor rehab section are our holding zones for incoming rehab patients needing to be on a 14-day quarantine. It also serves as a quarantine area for any resident having to go out overnight for a hospital stay.

I am including some updated statistics off the NH web site; positive cases continue to go up.

Active cases by county	County cases per 100,000	County positivity rate
<b>Strafford - 169</b>	<b>Strafford - 143</b>	<b>Strafford - 5.0% *</b>
<b>Rockingham – 396</b>	<b>Rockingham - 151</b>	<b>Rockingham - 2.9%</b>
<b>Manchester – 124</b>	<b>Manchester - 151</b>	<b>Manchester – 1.8%</b>
<b>Nashua – 88</b>	<b>Nashua - 143</b>	<b>Nashua – 3.3%</b>
<b>Rest of Hillsborough – 219</b>	<b>Rest of Hillsborough - 122</b>	<b>Rest of Hillsborough – 1.9%</b>
<b>Belknap - 51</b>	<b>Belknap - 111</b>	<b>Belknap – 1.6%</b>
<b>Coos - 97</b>	<b>Coos - 345</b>	<b>Coos – 3.0%</b>
<b>Grafton - 74</b>	<b>Grafton -105</b>	<b>Grafton – 0.7%</b>
<b>Sullivan -25</b>	<b>Sullivan -74</b>	<b>Sullivan – 1.8%</b>

Carroll - 35	Carroll -76	Carroll – 1.4%
Cheshire – 38	Cheshire -61	Cheshire – 0.8%

\*requires weekly 100% testing when CMS positivity rate reaches 5%



### CMS Positivity Rate

908	Belknap County, NH	33001	NH	1	61,303	Micropolitan	2,334	3,807	1.7%	Green
909	Carroll County, NH	33003	NH	1	48,910	Non-core	1,634	3,341	1.0%	Green
910	Cheshire County, NH	33005	NH	1	76,085	Micropolitan	2,844	3,738	0.9%	Green
911	Coos County, NH	33007	NH	1	31,563	Micropolitan	1,495	4,737	2.5%	Green
912	Grafton County, NH	33009	NH	1	89,886	Micropolitan	8,097	9,008	0.6%	Green
913	Hillsborough County, NH	33011	NH	1	417,025	Medium metro	15,009	3,599	3.4%	Green
914	Merrimack County, NH	33013	NH	1	151,391	Micropolitan	5,797	3,829	3.0%	Green
915	Rockingham County, NH	33015	NH	1	309,769	Large fringe metro	8,821	2,848	2.9%	Green
916	Strafford County, NH	33017	NH	1	130,633	Large fringe metro	2,516	1,926	4.1%	Green
917	Sullivan County, NH	33019	NH	1	43,146	Micropolitan	1,222	2,832	1.6%	Green

### Zoom Call:

If you are interested in a live version of my newsletter 😊 join us on Thursday November 12<sup>th</sup> for a zoom call at 6pm. Rachel Lentine, DNS, Barbara Gray, Director of Life Enrichment and

myself will be hosting the live meeting for you. We will give you an update on what's going on in the state, CMS regulations and how it affects what we have to do here. I will also take some time to review the surveys we received back from you and the residents. We'll save some time for some general Q&A from you (we will not discuss any one particular resident on this call); the call is expected to last no longer than one hour. You do not need to sign up. On Wednesday I will send out an invite to everyone on our email list. All you will have to do is click on the link in the email and follow the simple instructions to join in. If you do not have a camera on your computer you can still join in, we just won't be able to see you. If you do not have a computer you can also join us using your smart phone.

**From Barbara, Director of Life Enrichment Services:**

**Virtual talent show:**

Thank you for submitting those wonderful videos we are very excited to share your talent! We would love to get a couple more videos, so if your kids or pets have a talent, please send them along this weekend. We will be putting the talent show on our TV station next week, and the winner will be announced next Friday.

**The hairdresser has started!**

The hairdresser will not be handling any money transactions, as she did in the past. We are asking families to set up a resident account with our business office, so money will be available, if they wish to get their hair done. We have decided that with COVID it would be best for Donna (hairdresser) to work with one floor at a time. She will start with the 2<sup>nd</sup> floor and when everyone from that floor is done, she will move onto the next floor. Residents on quarantine will have to wait until they are off quarantine to get their hair done. So far so good the men got done and do not look like hippies anymore 😊

**Last week I announced some Great News!**

The online scheduling for visits was ready. However, with families scheduling their own visits, I have noticed on a few occasions that a Resident had a couple visits scheduled the same day, multiple visits in the same week, and even a resident having a visit back to back. I will be reaching out to these families to discuss this and move some of these multiple visits to another day/week; in the future, we will have to cancel appointments such as these. I highly recommend families to communicate with one another to avoid this, and give ALL families a fair chance to visit. Reminder as a guide, it is one visit every two weeks.

Also, please note that this scheduling program will not work in internet explorer. We understand that some families are still having a hard time getting to the family visits page, from our website. We are looking into the problem and hope to have it fixed soon. Thank you for your understanding.

**Once Again - Holiday Visits:**

In anticipation of the upcoming Holidays we know visits will be in high demand. I am referring to the actual days of Thanksgiving, Christmas Eve, and Christmas Day. To be as fair as possible, we have decided to have families that want a visit on one of these particular days to send in a request to me at [mtc.activitydir@nh-cc.org](mailto:mtc.activitydir@nh-cc.org). Please indicate which of the three you would

prefer and it's ok to request all of them, just indicate your 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> choice. If the number of requests exceeds the number of available spots, all received requests will go into a raffle and we will draw names to see what families will get a visit on one of these three days. We feel this will make it most fair for everyone. Also, our plan is to try to accommodate as many families as possible the week before these two holidays with the possibility of extended visiting hours. More will come out on this soon.

Last week we had our Halloween celebration, with crazy hair day for the residents, staff costume parade, and a spooky traveling cart with pumpkin ice cream and candy. The residents loved it, and we got some great pictures; here are some for your enjoyment. PS Some residents took off mask for the picture.



Crazy Hair



Spooky Cart



Spooky Cart -crazy hair



Staff from the past



Spooky Cart – Staff and resident



Some staff before the Halloween parade

Have a good week!

Sincerely,  
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