

October 23, 2020

Hello Everyone,



Hope this update finds you all doing well and enjoying our transition into the fall season. Once again everything here is going well, but we did have a scare this past week.

As you may know, we do allow family members in to see their love one at their time of passing. Although we put these visitors through our screening process; last Saturday someone did come into the facility that was exposed to a spouse that was positive for COVID.

At the time of her visit she did not know about her husband. It was after her visit that he had to be tested for a surgical procedure when they discovered he was positive. She did the right thing and called us right away. She also got tested right away but it gave us quite a scare. Test take a few days to get back and we were on edge waiting. At the same time, we were monitoring residents on this floor for possible signs of exposure (although she was escorted into and out of her mom's room). None-the-less as you can see you never know when you may have been exposed and you may never encounter any symptoms yet be a carrier of COVID or have been exposed to a carrier.

All staff were tested on Monday and all results were negative. Our next testing will occur on or about November 3<sup>rd</sup>. After that, the state has decided to test employees of all nursing facilities on a 28-day cycle. I'm not too excited about this as the current every 10/14-days feels more reassuring especially now that we are a **red zone**. Catholic Charities is looking into continuing the every 14-days testing at this time; a decision should be made soon.

**Reminder:** Manchester and Nashua continue to be a **red zone** with increased cases of COVID which means that we continue to remain in phase 1.

- We can still have indoor and/or outdoor (window) visitation
- Per the state no designated support person (CMS doesn't recognize this anyway)
- No therapy animals allowed

The following will continue to remain in place:

- All staff continues to be screened before entering the facility.
- We continue to do our 10/14-day interval testing of all staff per the state guidelines.
- All staff are wearing surgical mask at all times throughout the facility.
- All staff are wearing eye protection on the resident/patient units.
- All residents on all floors are still being encouraged to stay 6' apart and wear mask.
- Residents can attend small group dining and activities.
- The annex and part of the 4<sup>th</sup> floor rehab section are our holding zones for incoming rehab patients needing to be on a 14-day quarantine.

From Barbara, Director of Life Enrichment Services:

We will be having a Halloween parade for residents on Friday. Staff will be dressed in their costume and some scary refreshments will be provided for all. I will try to get some good pictures and share with all of you.

**Life Enrichment is asking family members to participate in a virtual talent show (see attached flyer).** This would include families sending (by email or flash drive), in a **2-3-minute video** of a **family member** performing, their special talent. Once we receive the videos we will upload them to our own in-house TV station for Resident's to watch and vote on. If you are interested, please send the video to my email (include residents name, and the performers name, and relationship to the resident). All videos need to be submitted by Friday October 30<sup>th</sup>. Please email any questions that you may have. We look forward to your participation in this fun event!

Upcoming:

Exciting news (for me anyway 😊). We are closer to launching a portal where families can schedule their own indoor/window visits via our website. This will give me more time out of my office and time to spend with the residents. 😊 I'm guessing we will be able to start using this by November 1.

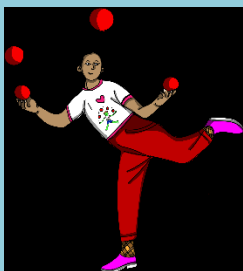
Have a good week!

Sincerely,  
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We want you to show off your talent to our Residents!

By submitting a fun, creative 2-3-minute video (via email),  
by Friday November 6<sup>th</sup>



*We will put all of the videos together, and put them on  
our TV station for the Resident to vote!*

The residents will be so happy to see their family members  
on TV and joining in on the FUN!

Please email videos to [mtc.activitydir@nh-cc.org](mailto:mtc.activitydir@nh-cc.org) or call Barbara at  
935-4607 with any questions.

Thank you for your participation!