

July 24, 2020

Hello,



Great news, I have nothing new for you this week.

We had our weekly call on Wednesday with the state Department of Public Health. Below is the travel information they discussed but nothing has really changed.

- Allowable travel has been extended to all the New England states (VT, ME, MA, CT, or RI). This means you may or may not need to be self-quarantined for 14 days upon your return to New Hampshire, depending on the circumstances and activities in which you partake during the trip.
- All travel out of the New England states (including Canada), require a 14-day quarantine regardless of the type of transportation used. So, whether you take a plane, bus, train, private car or walk, you need to self-quarantine for 14 days beginning with the day of your return to New Hampshire.

This has not changed: The state is allowing nursing homes to get back to some normalcy such as residents attending activities in small groups and resident's eating together in small groups. As of our call this past Wednesday they still have not yet cleared Hillsborough county.

We continue our weekly testing of all staff and 10 % of residents per the state guidelines.

Residents continue to do well/ok. The residents having one, are enjoying the visits from you.

Reminder that if you would like an in-person or window visit please call Barbara, Director of Life Enrichment Services at 935-4607 or email her at [mtc.activitydir@nh-cc.org](mailto:mtc.activitydir@nh-cc.org) . If you would like a Google Duo visit for any resident please call or email Barbara or the any one of the floors directly to set one up.

Here is the official CMS update part of my letter. The following processes continue to be in effect:

- All staff continues to be screened before entering the facility.
- All staff is wearing surgical mask at all times throughout the facility; in addition, eye protection is required for all staff when interacting with residents.
- All residents are being encouraged to stay apart and in their rooms. On the 3rd floor we are doing our best to practice social distancing but as you can imagine this is a bit difficult on this particular floor for a handful of the residents.
- All residents are being kept on their respective floor and being encouraged to stay in their room. They continue to use masks as necessary/needed.
- The annex and part of the 4th floor rehab section are our holding zones for incoming rehab patients needing to be on a 14-day quarantine.
- Wishing you all a good week.

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