

July 14, 2020

Hello,



The good news is that only a very small part of this is an official CMS email alert.

Sorry I didn't get an update out to you last Friday but I was on vacation. Yes, now that we are running at our new norm I was finally able to take a needed break.

There really is nothing new here to report. We continue our weekly testing of all staff and 10 % of residents per the state guidelines. We also continue our weekly call with the state of NH. Yes, they have stopped several of the calls we used to be on as things have finally calmed down.

Please be assured that we have not let our guard down on the potential of what could occur again should we have another breakout in the facility.

At this time residents are doing ok/well; there is some with depression due to the lack of social activity with each other and you; they are missing you and your presence in their lives.

A message from Barbra, Director of Life Enrichment: Outside visits and window visits are hopping here at Mt. Carmel, we've already completed 45 visits since last Wednesday. We are still working on the 1st visit for all Residents. If you or your family has not had an outside visit yet and you would like one, please call to set one up soon, so we can move onto 2nd visits. When we are not doing the visits with families, we are working on getting Residents outside for fresh air, as much as possible, and they are loving it. When Residents are in their room, we are encouraging music, individual activities, activity packets, and our TV channel 124. The Residents are happy to have our TV channel so they can keep up with, exercise, Mass, bingo, Pokemo, entertainment, and more. Residents overall seem to be in fairly good spirits and look forward to getting together with their friends. If you would like an in-person or window visit please call me at 935-4607 or email me at mtc.activitydir@nh-cc.org . If you would like a Google Duo visit for any resident please call or email Barbara or the any one of the floors directly to set one up.

The following processes continue to be in effect:

- All staff is wearing surgical mask at all times throughout the facility; in addition, eye protection is required for all staff when interacting with residents.
- All residents are being encouraged to stay apart and in their rooms. On the 3rd floor we are doing our best to practice social distancing but as you can imagine this is a bit difficult on this particular floor for a handful of the residents.
- All residents are being kept on their respective floor and being encouraged to stay in their room. They continue to use masks as necessary/needed.
- All staff continues to be screened before entering the facility.
- The annex and part of the 4th floor rehab section will be our holding zone for incoming rehab patients needing to be on a 14-day quarantine.

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